

A COLLECTION OF OUR MOST POPULAR AND PROVEN PRESCRIPTIONS

Patient specific | Instant dispense | Orthotic selector tool | Training course



DEVELOPED OVER 50+ YEARS OF ORTHOTIC EXPERIENCE

For more info dolaorthotics.com/patient-ready

A collection of our 9 most popular and proven prescriptions based on our 50+years of clinical and orthotic experience...

The Orthotics Podiatrists Use

















Build orthotic

confidence with

FREE TRAINING



For more info dolaorthotics.com/patient-ready



PRONATION

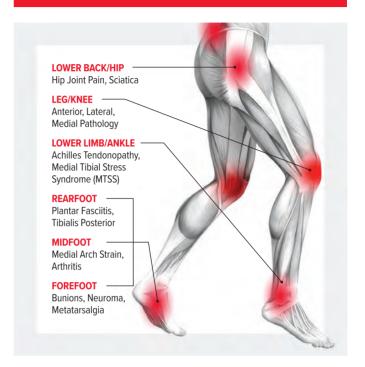
Designed by Podiatrists to provide medial support for the pronated or flat foot and the most common pathologies that are associated with it.

WHO CAN YOU HELP?

The Pronation is designed for the mild to moderate pronated foot.



WHAT CAN YOU HELP WITH?



WHY IT WILL HELP

Medial Rearfoot Control

Stable rearfoot platform with medial wedge for increased medial orthotic force

Medial Arch Support

Supports the transition from midstance into propulsion, improves windlass activation, forefoot stability and high gear toe off

Lateral Arch Support

Stabilises the foot and aids the transition from heel strike to toe off

Mild Heel Raise

Improves sagittal plane transition from midstance to propulsion

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Durafit Top Cover

Luxurious, breathable and durable









SUPINATION

Designed by Podiatrists to provide cushioning, contour and lateral support for the supinated foot and the most common pathologies that are associated with it.

WHO CAN YOU HELP?

The Supination is designed for the mild to moderate supinated foot.



WHAT CAN YOU HELP WITH?



WHY IT WILL HELP

Stable Rearfoot Control

Provides stability for transition from heel strike to midstance during foot loading

Medial Arch Cushioning and Contour

Improves shock absorption and increases the contact surface area in the medial arch

Lateral Arch Support

Stabilises the foot and aids the transition from heel strike to toe off

Lateral Wedge

Improves lateral stability and medial transition to propulsion

Moderate Heel Raise

Reduce tissue stress on posterior structures and improves sagittal plane transition from midstance to propulsion

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Durafit Top Cover

Luxurious, breathable and durable









NEUTRAL

Designed by Podiatrists to promote normal function and reduces tissue stress.

WHO CAN YOU HELP?

The Neutral is designed for the vertical/neutral foot.



WHAT CAN YOU HELP WITH?



WHY IT WILL HELP

Stable Rearfoot Control

Provides stability for transition from heel strike to midstance during foot loading

Medial Arch Support

Supports the transition from midstance into propulsion, improves windlass activation, forefoot stability and high gear toe off

Lateral Arch Support

Stabilises the foot and aids the transition from heel strike to toe off

Mild Heel Raise

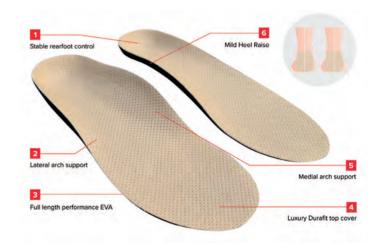
Improves sagittal plane transition from midstance to propulsion

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Durafit Top Cover

Luxurious, breathable and durable





What would you like the Orthotics to help with?

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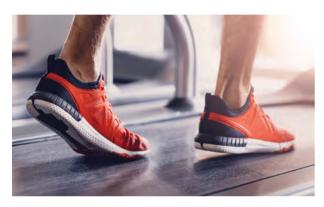


PROPULSION

Designed by Podiatrists to improve sagittal plane function and the most common pathologies that are associated with it.

WHO CAN YOU HELP?

The Propulsion is designed for the foot showing signs and symptoms of impaired sagittal plane function at the ankle and/or 1st MPJ.



WHAT CAN YOU HELP WITH?



WHY IT WILL HELP

Stable Rearfoot Control

Provides stability for transition from heel strike to midstance during foot loading

Medial Arch Support

Supports the transition from midstance into propulsion, improves windlass activation, forefoot stability and high gear toe off

Lateral Arch Support

Stabilises the foot and aids the transition from heel strike to toe off

Moderate Heel Raise

Reduce tissue stress on posterior structures and improves sagittal plane transition from midstance to propulsion

Reverse Mortons Extension

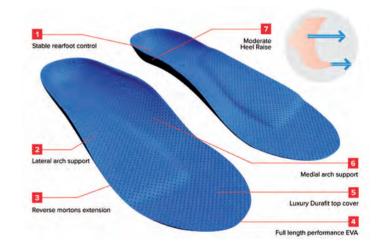
Improves propulsion, activation of windlass mechanism and sagittal plane function of the foot

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Durafit Top Cover

Luxurious, breathable and durable







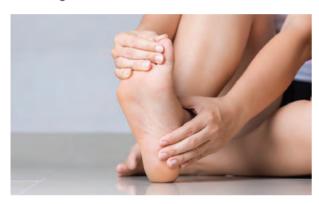


MEDIAL

Designed by Podiatrists for the medial foot and leg including plantar fasciitis, tibialis posterior and plantar heel pain.

WHO CAN YOU HELP?

The Medial is designed for feet showing signs and symptoms of pathomechanics of the medial foot and leg.



WHAT CAN YOU HELP WITH?



WHY IT WILL HELP

Stable Rearfoot Control

Provides stability for transition from heel strike to midstance during foot loading

Medial Arch Support

Supports the transition from midstance into propulsion, improves windlass activation, forefoot stability and high gear toe off

Lateral Arch Support

Stabilises the foot and aids the transition from heel strike to toe off

Heel Cushion

Increased cushioning for the plantar heel

Mild Heel Raise

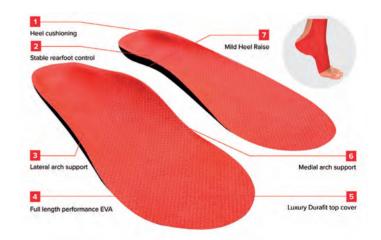
Reduce tissue stress on posterior structures and improves sagittal plane transition from midstance to propulsion

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Durafit Top Cover

Luxurious, breathable and durable









LATERAL

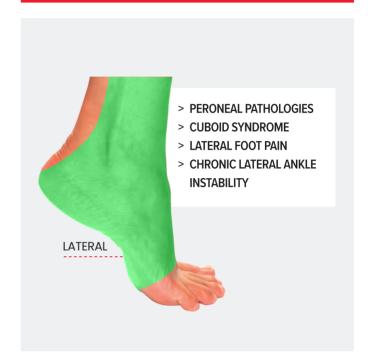
Designed by Podiatrists for lateral foot, ankle and peroneal pathologies.

WHO CAN YOU HELP?

The Lateral is designed for feet showing signs and symptoms of pathomechanics of the lateral foot and leg.



WHAT CAN YOU HELP WITH?



WHY IT WILL HELP

Stable Rearfoot Control

Provides stability for transition from heel strike to midstance during foot loading

Lateral Arch Cushioning and Contour

Provides improved shock absorption, stabilises the foot and promotes medial transition to propulsion

Lateral Wedge

Improves lateral stability and medial transition to propulsion

Medial Arch Support

Supports the transition from midstance into propulsion, improves windlass activation, forefoot stability and high gear toe off

Moderate Heel Raise

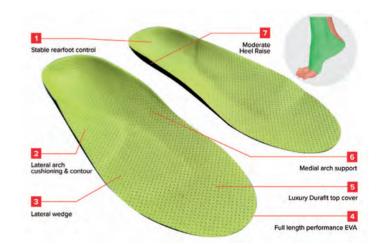
Reduce tissue stress on posterior structures and improves sagittal plane transition from midstance to propulsion

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Durafit Top Cover

Luxurious, breathable and durable









REARFOOT

Designed by Podiatrists for posterior pathologies including achilles, severs, gastroc and soleus.

WHO CAN YOU HELP?

The Rearfoot is designed for feet showing signs and symptoms of pathomechanics of the posterior foot and leg and impaired sagittal plane function at the ankle.



WHAT CAN YOU HELP WITH?



- > ACHILLES TENDONOPATHY
- > GASTROC / SOLEUS PATHOLOGY
- > ANTERIOR ANKLE IMPINGEMENT
- > EXTERIOR TENDONOPATHY
- > RETROCALCANEAL BURSITIS
- > SEVERS (KIDS HEEL PAIN)

REARFOOT

WHY IT WILL HELP

Stable Rearfoot Control

Provides stability for transition from heel strike to midstance during foot loading

Medial Arch Support

Supports the transition from midstance into propulsion, improves windlass activation, forefoot stability and high gear toe off

Lateral Arch Support

Stabilises the foot and aids the transition from heel strike to toe off

Moderate Heel Raise

Reduce tissue stress on posterior structures and improves sagittal plane transition from midstance to propulsion

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Durafit Top Cover

Luxurious, breathable and durable









FOREFOOT

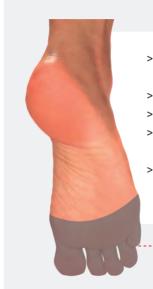
Designed by Podiatrists for 1st MPJ, neuroma, plantar plate and forefoot pathologies.

WHO CAN YOU HELP?

The Forefoot is designed for feet showing signs and symptoms of pathomechanics of the forefoot.



WHAT CAN YOU HELP WITH?



- > METATARSALGIA CAPSULITIS, BURSITIS, NEURITIS
- > MORTONS NEUROMA
- > PLANTAR PLATE INJURY
- > 1ST MPJ PAIN, BUNIONS (HAV), HALLUX LIMITUS
- > HYPERKERATOSIS (CORNS/ CALLUS)

FOREFOOT

WHY IT WILL HELP

Cushioned Metatarsal Support

Provides support and increased cushioning to the forefoot

Stable Rearfoot Control

Provides stability for transition from heel strike to midstance during foot loading

Medial Arch Support

Supports the transition from midstance into propulsion, improves windlass activation, forefoot stability and high gear toe off

Lateral Arch Support

Stabilises the foot and aids the transition from heel strike to toe off

Mild Heel Raise

Improves sagittal plane transition from midstance to propulsion

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Durafit Top Cover

Luxurious, breathable and durable









SENSITIVE

Designed by Podiatrists for the foot with a complex medical history and risk factors.

WHO CAN YOU HELP?

The Sensitive is designed for patients presenting with complex medical histories and risk factors.



WHAT CAN YOU HELP WITH?



WHY IT WILL HELP

Stable Rearfoot Control

Provides stability for transition from heel strike to midstance during foot loading

Medial Arch Support

Supports the transition from midstance into propulsion, improves windlass activation, forefoot stability and high gear toe off

Lateral Arch Support

Stabilises the foot and aids the transition from heel strike to toe off

Mild Heel Raise

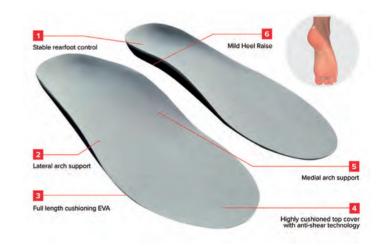
Improves sagittal plane transition from midstance to propulsion

Full Length Performance EVA Orthotic

Provides optimal cushioning and control

Highly Cushioned Top Cover

with anti-shear technology





What would you like the Orthotics to help with?

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ONLINE TRAINING



Build orthotic confidence with our support.

Become a certified patient ready orthotic practitioner with our online CPD training course

In this course you will:

Learn how to select the best orthotic for your patients

Discover what conditions you can help

See who you can help

Learn why orthotics will help

Use our online orthotic selector tool

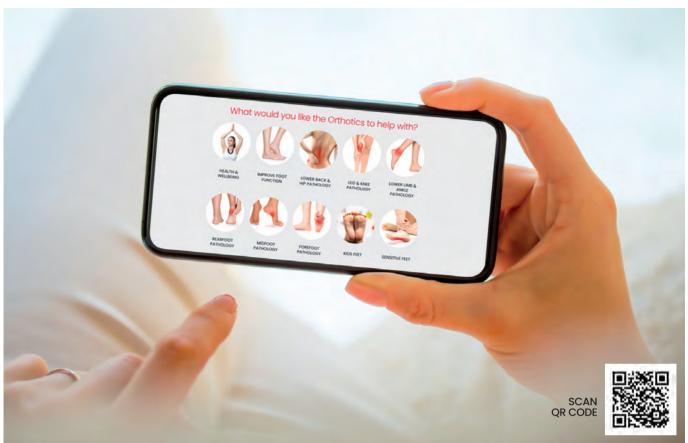
Learn how to fit the orthotics

Explore example case studies





ORTHOTIC SELECTOR TOOL

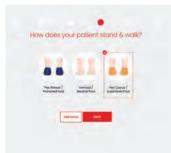








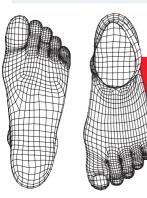












YOUR PATIENT READY ORTHOTIC RECOMMENDATION

ORTHOTIC SELECTOR TOOL

TELL US ABOUT YOUR PATIENT AND WE WILL RECOMMEND THE BEST ORTHOTIC FROM OUR RANGE



We are an Australian based orthotic and medical technology company, owned and operated by Podiatrists. With over 50 years experience, we provide medical orthotic products, services and education for health practitioners and have proudly been supplying clinics worldwide for over 20 years.







SUPPORT EVERY BODY WITH DOLA ORTHOTICS

Custom Orthotics • Patient Ready Orthotics
Prefabricated Orthotics • Additions & Supplies
DOLA Technology • DOLAbetic
Education & Training

BUILD ORTHOTIC CONFIDENCE WITH OUR SUPPORT

Online education & training courses

Daily social media updates

Youtube channel

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