



Make professional  
adjustments instantly with  
Formthotics 3D Additions



[formthotics.com](http://formthotics.com)

## Heel raise

**Alter biomechanics and function in the sagittal plane at the rearfoot.**



- Attached under the Formthotic heel providing an 8mm elevation
- Helps alleviate Achilles tendon and triceps surae strain
- Assists in balancing leg length discrepancy
- Helps improve function in a forefoot equinus

## Longitudinal arch support

**Provides additional support of the medial column of the foot.**



- Easily integrated with Tri-plane wedge and Formthotics “teardrop” shape
- Increases midfoot inversion and stabilises excessive midfoot pronation
- Utilises a softer compression-moulded EVA foam
- 3D fit to medial border

## Reversible forefoot wedge

**An orthotic addition suitable for forefoot modification of Formthotics.**



- Can be reversed to use on either lateral or medial aspect
- Easy to modify or shorten
- Long gentle taper

## Tri-plane rearfoot wedge

**Alter foot biomechanics and the triplane action of dorsiflexion, eversion and abduction at the rearfoot.**



- May be used as a medial or a lateral wedge
- Designed specifically for Formthotics enabling quick easy alignment, and integration with Arch Support
- Tri-plane alignment of wedge

**Formthotic 3D Additions are available in packs of 3 pairs, in 3 self-adhesive sizes: small, medium or large.**



**Foot Science  
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