

Formthotics®

Custom Medical Orthotics

Formthotic & Foot Science Express Size Chart

Shoe Size	XX Small	X Small	Small	Medium	Large	X Large	XX Large
Aus/NZ	3-3½	4-5½	6-7½	8-8½	9-10½	11-12½	13-14
EUR	35	35½-37½	38-40	40½-42	42½-44	44½-46	47-50
UK	2-2½	3-4½	5-6½	7-8	8½-9½	10-11½	12-14
US (Women)	4-5	5½-7	7½-9	9½-10½	11-12	---	---
US (Mens)	4-5	5½-6	6½-7½	8-9	9½-10½	11-12½	13-15

Formthotic Junior/Youth Size Chart

Shoe Size:	Formthotics J1	Formthotics J2	Formthotics J3	Formthotics J4	Youth Y1	Youth Y2	Youth Y3
UK	8-9½	10-11½	12-13½	1-2	11-12	13-1	1½-2½
Europe	25-27½	28-29½	30-32½	33-34½	29-30½	31-32½	33-35
US	9-10½	11-12½	13-1½	2-3½	13-1½	2-3½	4-5
Foot Length (cm)	15-16½	17-18	18½-19½	20-21	17-18½	19-20½	21-22½
Approx Age (girls)	3-4	4½-5½	6-7½	8-9	-	-	-
Approx Age (boys)	3-3½	4-5	5½-7	7½-8	-	-	-

