



Thermoformed for your foot

The Formthotics V20 Heating Machine is the best tool to use for custom moulding. It's designed to provide the right fit.





How to fit Formthotics



Every foot shape is entirely unique. Formthotics perform best when heat-moulded.



Remove: Remove the existing insole from the shoes, if possible. Select the correct size and model Formthotics.



Heat: Place the shoes onto the Formthotics V20 Heating Machine and press start to begin the 3 minute heating cycle.



Fit & Trim: Cut Formthotics to size if necessary, using the insoles as a guide. Be careful not to trim them too short as the Formthotics should be a snug fit.



Put Shoes On: Remove shoes from the heater and have your patient put their shoes and, fasten if applicable



Insert: To insert, curve the Formthotics slightly by squeezing the sides and sliding into the shoe. Press the heel firmly into place.



Mould: Have your patient stand comfortably with knees slightly bent, hip-width apart and toes pointing forward for 30 seconds. Have your patient take a short walk around to complete moulding and give you feedback.

The result - newly, custom-fitted shoes.

Proudly manufactured by
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For further information about
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