

## ÖSSUR CAM WALKER PRESCRIPTION GUIDE

CAM (Controlled Ankle Motion) walkers are typically fitted to restrict foot and ankle motion to allow recovery from conditions such as fractures and soft tissue injuries, aid wound healing or following foot and ankle surgery.

### WHY CHOOSE ÖSSUR WALKERS?

Össur walkers are specifically designed for improved comfort and the best outcome for your patient - more breathable liners, soft shock absorbing soles with cushioned foot plates and forefoot offloading rockers are all part of our standard features. Össur products are all supported with warranties and Briggate's excellent clinical support.

MODEL NAME	FEATURES	TYPICAL CONDITIONS
 <p>Formfit Walker - Standard</p>	Standard model. Rocker bottom	Fitted for most foot/ankle injuries e.g. stress fractures, chronic ankle sprains, post surgical immobilisation
 <p>Formfit Walker - Low Top</p>	Short Version. Rocker bottom.	Fitted for forefoot injuries e.g. metatarsal stress fracture, toe fracture
 <p>Formfit Air Walker - Standard</p>	Standard walker with inflatable liner. Rocker bottom.	Assists to reduce oedema (swelling), more comfortable and supportive - reduces medial/lateral movement. Inflatable liner provides improved compression and padding.
 <p>Formfit Air Walker - Low Top</p>	Short walker with inflatable liner. Rocker bottom.	Most suitable for forefoot injuries e.g. metatarsal stress fracture, toe fracture. Inflatable liner provides ankle compression and support for comfort.
 <p>Rebound Air Walker</p>	Premium offering with soft shock absorbing sole with improved grip, shell design reduces pressure from straps, inflatable liner and rocker bottom. Closed toe design.	Foot & ankle injuries and achilles ruptures (when used with Össur's Achilles wedge kit). The Rebound walker is the premium offering from Össur for patients wanting the most comfortable and functional CAM walker. Highly recommended when patients will be wearing the boot for a longer time or have skin integrity issues.
 <p>DH Active Offloading Walker</p>	Offloading insole with removable plugs Double ankle liner to reduce shear force	Conditions requiring "offloading" of the foot. Removal of insole plugs allows reduced pressures in that area. Can be used as an alternative to a total contact cast. E.g. foot ulcers.