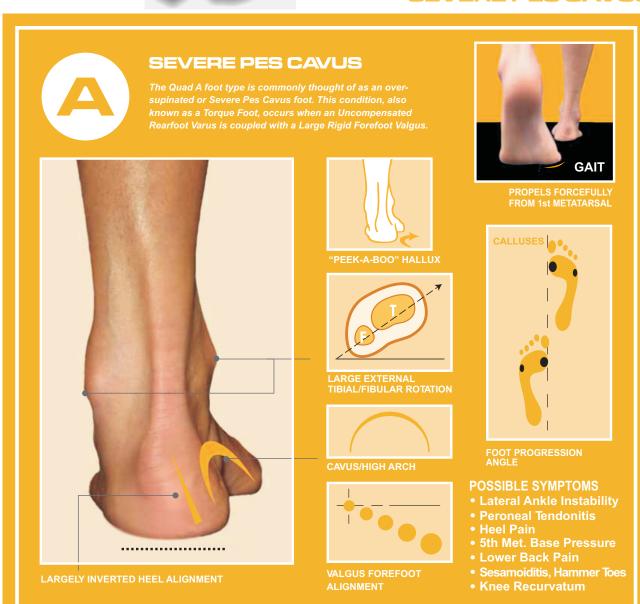


POSSIBLE CLINICAL SYMPTOMS

- Lateral Ankle Instability
- · Peroneal Tendonitis
- Heel Pain
- 5th Metatarsal Base Pressure
- Lower Back Pain
- Sesamoiditis, Hammer Toes
- Knee Recurvatum

SEVERE PES CAVUS



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POSSIBLE CLINICAL SYMPTOMS

- Retrocalcaneal Bursitis
- Lateral Hip Pain
- · Haglund's Deformity
- Lower Back Pain
- · Iliotibial Band Syndrome
- Pinch Callus Medial Hallux

NEUTRAL FOOT

NEUTRAL FOOT The Quad C foot-type is sometimes referred to as a subtle Pes Cavus foot or an under-pronator. This foot-type exists when an Uncompensated Rearfoot Varus is coupled with a relatively normal (neutral) forefoot alignment. A key distinguishing feature of this foot-type is an obvious toe-out gait pattern. **TOE OUT GAIT** CALLUSES "FALSE" TOE SIGN FOOT PROGRESSION ANGLE NORMAL EXTERNAL TIBIAL/FIBULAR ROTATION **POSSIBLE SYMPTOMS** Retrocalcaneal Bursitis Lateral Hip Pain **MEDIUM ARCH** Haglund's Deformity Lower Back Pain Iliotibial Band Syndrome Pinch Callus Medial Hallux NORMAL FOREFOOT

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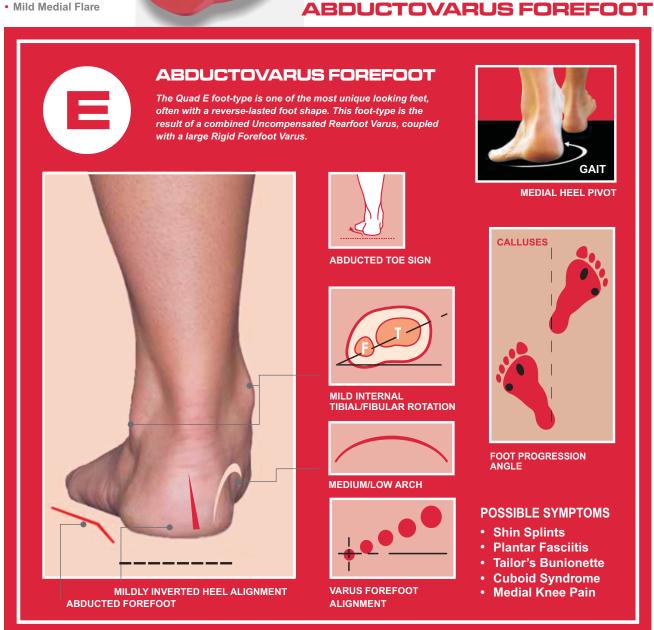
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ABDUCTOVARUS FOREFOOT



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POSSIBLE CLINICAL SYMPTOMS

- Posterior Tibial Tendon Dysfunction
- Tarsal Tunnel Syndrome
- Plantar Fasciitis
- Patellofemoral Pain Syndrome
- Subfibular Impingement
- Hallux Valgus/Bunion
- Splayfoot

SEVERE PES PLANOVALGUS



Ideal for Posterior Tibial

Tendon Dysfunction

SEVERE PES PLANOVALGUS

The Quad F foot-type is commonly referred to as a Pes Planovalgus foot deformity because of its very poor alignment to the floor. This is a true "flat foot." The condition occurs when a Compensated Rearfoot Varus is coupled with a large Flexible Forefoot Varus (also called Forefoot Supinatus).



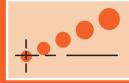
ABDUCTED TOE SIGN



LARGE INTERNAL TIBIAL/FIBULAR ROTATION



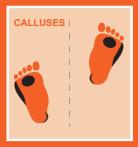
FLAT ARCH



VARUS FOREFOOT ALIGNMENT



LATERAL COLUMN **INSTABILITY**



FOOT PROGRESSION ANGLE

POSSIBLE SYMPTOMS

- Posterior Tibial Tendon **Dysfunction**
- **Tarsal Tunnel Syndrome**
- Plantar Fasciitis
- **Patellofemoral Pain Syndrome**
- Subfibular Impingement
- Hallux Valgus/Bunion
- Splayfoot

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LARGE TOE SIGN

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