



**POSSIBLE CLINICAL SYMPTOMS**

- Shin Splints
- Plantar Fasciitis
- Tailor's Bunionette
- Cuboid Syndrome
- Medial Knee Pain

**KEY ORTHOTIC FEATURES**

- Medial RF & FF Posting
- 5th MTH Cut-Out
- 1st Ray Recess
- Mild Medial Flare

**ABDUCTOVARUS FOREFOOT**



**ABDUCTOVARUS FOREFOOT**

The Quad E foot-type is one of the most unique looking feet, often with a reverse-lasted foot shape. This foot-type is the result of a combined Uncompensated Rearfoot Varus, coupled with a large Rigid Forefoot Varus.



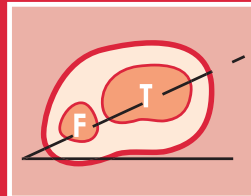
**MEDIAL HEEL PIVOT**



**MILDLY INVERTED HEEL ALIGNMENT  
ABDUCTED FOREFOOT**



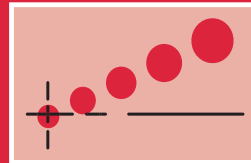
**ABDUCTED TOE SIGN**



**MILD INTERNAL  
TIBIAL/FIBULAR ROTATION**



**MEDIUM/LOW ARCH**



**VARUS FOREFOOT  
ALIGNMENT**



**FOOT PROGRESSION  
ANGLE**

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**QUADRASTEP®SYSTEM** - AFFORDABLE, READY-TO-WEAR, WITH CUSTOM RESULTS!

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