



HIGHER ARCH VARIANT OF TYPE E



POSSIBLE CLINICAL SYMPTOMS

- Shin Splints
- Plantar Fasciitis
- Tailor's Bunionette
- Cuboid Syndrome
- Medial Knee Pain

KEY ORTHOTIC FEATURES

- Medial RF & FF Posting
- 5th MTH Cut-Out
- 1st Ray Recess
- Mild Medial Flare

ABDUCTOVARUS FOREFOOT



ABDUCTOVARUS FOREFOOT

The Quad E foot-type is one of the most unique looking feet, often with a reverse-lasted foot shape. This foot-type is the result of a combined Uncompensated Rearfoot Varus, coupled with a large Rigid Forefoot Varus.



GAIT

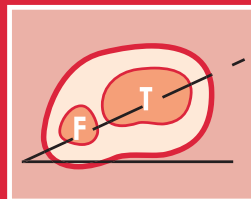
MEDIAL HEEL PIVOT



MILDLY INVERTED HEEL ALIGNMENT
ABDUCTED FOREFOOT



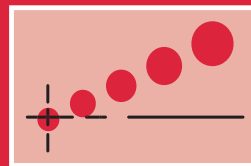
ABDUCTED TOE SIGN



MILD INTERNAL TIBIAL/FIBULAR ROTATION



MEDIUM/LOW ARCH



VARUS FOREFOOT ALIGNMENT



CALLUSES

FOOT PROGRESSION ANGLE

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