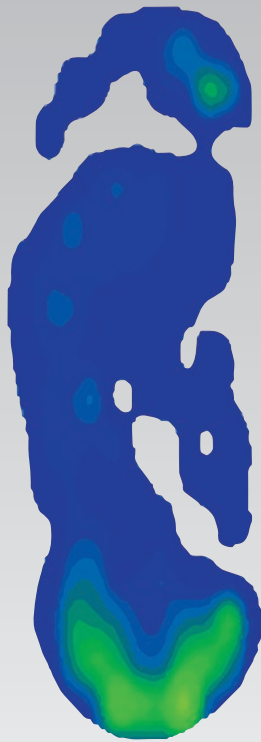


# New from DARCO: Relief Contour Insole

## Redistribution of pressure – of up to 90 %



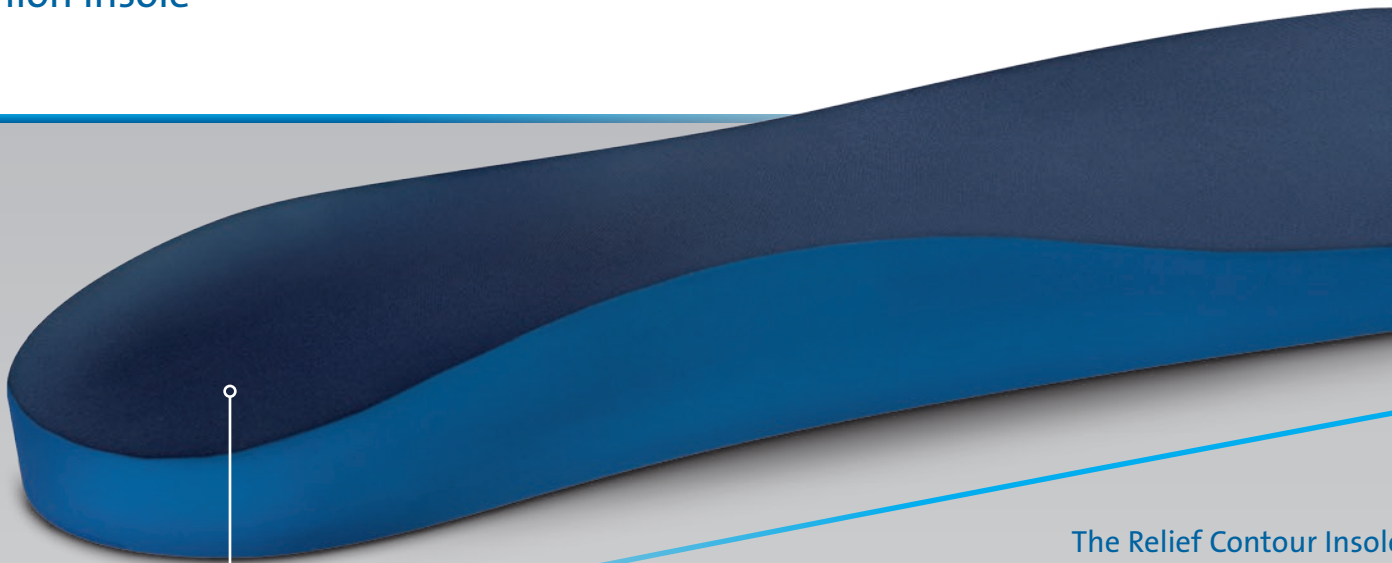
- > for use after hallux valgus and small toe surgeries (austin, akin, scarf, weil, hohmann, etc.)
- > talipes valgus, flat foot, splayfoot
- > angioneuropathic changes of the foot in combination with mild foot deformities



**DARCO**

# Relief Contour Insole

## Cushion Insole



Height  
12 mm  
(Size MM)

The Relief Contour Insole **almost 90%** is achieved through the contouring of the foot. The lateral and medial longitudinal arches of the foot and provide optimal pressure distribution. The large pressure peaks are completely avoided and the foot is supported. The self-supporting polyurethane material **quickly** returns to its original shape. A **2.4 degrees** is achieved through the negative heel. The negative heel provides forefoot off-loading. Soft light-weight comfortable cushioning. The Relief Contour Insole



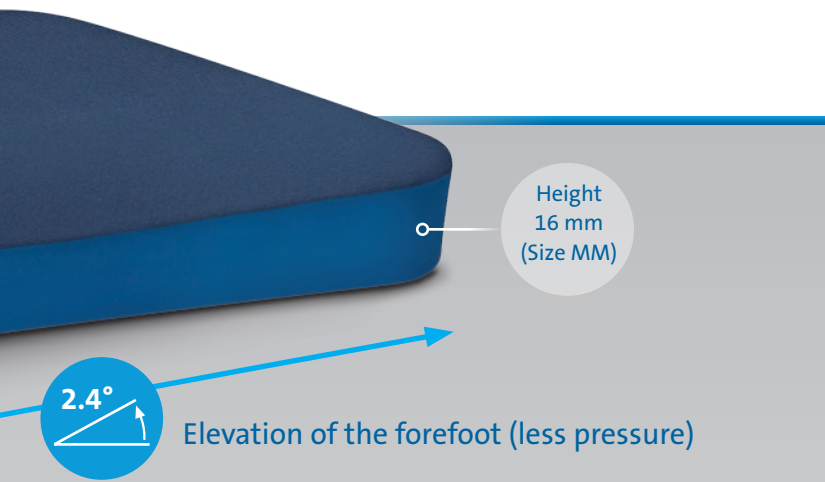
## MedSurg

The MedSurg Healing Shoe gives you the industry standard for pressure relief after surgery. The nylon mesh and flexible upper enable this shoe to be worn even with the bulkiest dressings. The stiffened sole prevents movement of the operated area of foot, thus providing optimal protection.



## MedSurg Pro®

The MedSurg Pro®, with its optimised design and functionality, is the successor of the MedSurg Healing Shoe. It is available in two versions: low-cut or mid-cut extending to the ankle. The light, breathable upper gives the MedSurg Pro® an attractive look. The soft, smooth lining provides ultimate wearing comfort. Furthermore, the strap loops on both sides of the shoe facilitate easy use of the wide Velcro® straps for an overall secure fit.

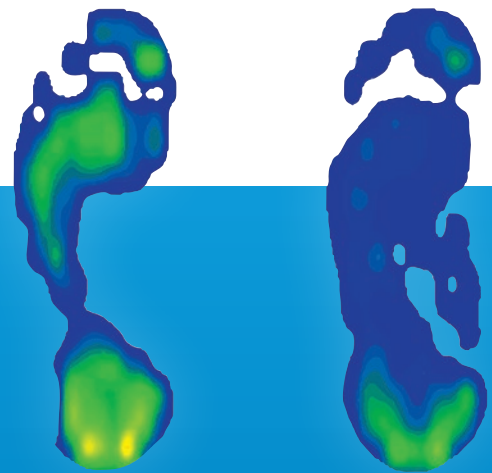


is a long-sole cushion insole. **Pressure redistribution** of the contours which are optimally adapted to the anatomy of the longitudinal arch and the transverse arch are perfectly adapted for pressure redistribution. This special insole design ensures that 90% of total plantar weight-bearing (approx. 90%) is achieved. The insole **recovers its shape and can be trimmed**. Dorsal flexion of the foot results in slight rear foot weight-bearing and consequently, the insole has a stretchable jersey/lycra knit fabric covering. The Relief Contour Insole fits the following DARCO therapeutic shoes:



## Relief Dual®

The Relief Dual® Off-loading Shoe is the latest development in the range of healing and off-loading shoes from DARCO. This new sandwich designed shoe combines a rubber, slip resistant outer sole with an EVA inner layer for optimum shock absorption. The combination of both materials coupled with a full length rigid meter-shank dramatically improves the roll characteristics of the shoe.



Neutral (Relief Dual®)  
Total plantar weight-bearing: 61%

Relief Contour Insole inserted in the Relief Dual®  
Total plantar weight-bearing: 89%

## Comparative weight-bearing pressure measurement

This comparison shows a female subject born in 1995, with a height of 174 cm and weighing 63 kg. A mild calcaneal valgus deformity was diagnosed.

The image on the left shows the pressure measurement of the left foot in a Relief Dual® Off-loading Shoe with a standard sole. The measurement on the right shows a Relief Contour Insole in a Relief Dual® Off-loading Shoe under identical conditions.

Entire pressure redistribution can be clearly seen. Rear foot pressure remains evident due to the insole's slightly negative slope towards the heel, while simultaneously there is pressure relief in the forefoot and mid-foot. The pressure peaks are reduced by up to 50%.

The total plantar weight-bearing surface is increased from 61% to 89%.



## Article List

SIZES	ART. NO.	
For MedSurg, MedSurg Pro®, Relief Dual®		
<b>Women</b>	<b>Right</b>	<b>Left</b>
WS 34.0 – 36.5	RC-W1-R	RC-W1-L
WM 37.0 – 38.5	RC-W2-R	RC-W2-L
WL 39.0 – 41.0	RC-W3-R	RC-W3-L
<b>Men</b>		
MS 39.0 – 41.0	RC-M1-R	RC-M1-L
MM 41.5 – 43.0	RC-M2-R	RC-M2-L
ML 43.5 – 45.0	RC-M3-R	RC-M3-L
MXL 45.5 – 47.0	RC-M4-R	RC-M4-L

## Sizes and Measurements



WS 34–36.5



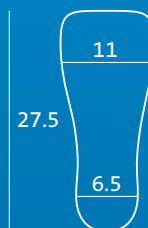
WM 37–38.5



WL 39–41



MS 39–41



MM 41.5–43



ML 43.5–45



MXL 45.5–47

All measurements are given in cm and correspond to the size of the insole.



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